



MEDIA RELEASE

Wednesday, 18th June 2009

Touching Kindness

Cuddling a sheep, stroking a chicken and petting a baby goat brought smiles to those of Kilmore's Dianella Nursing Hostel on Thursday as Edgar's Mission Farm Sanctuary came to town. Headed by Timmy Lamb (who really is a sheep), Willow the friendly rooster, Ryan, the baby goat who believes that all goats are made for cuddling, and their human companions, Pam, Laima and Tom, the Edgar's Mission contingent spent an enchanted hour touching the residents with their unique brand of kindness.

"Animals accept us humans for who we are" said Edgar's Mission founder, Pam Ahern. "It gives me such a warm feeling as I see the faces light up of those who find solace in touching these gentle animals. Many delighting in recounting, with great fondness, old memories of animals with whom they have shared their life".

Animals have provided humans with companionship and relief from suffering ever since the first wolf wandered into the campfire of man over ten thousand years ago. The therapeutic benefits of touching and interacting with animals are well known, with animals being able to ignite people's nurturing sides and give them focus outside of their own particular issues.

Edgar's Mission Farm Sanctuary takes great pride in its community work, recognizing the importance of caring for the vulnerable amongst us and the value of kindness towards all beings in helping make the world a better place. The not for profit sanctuary for rescued farmed animals operates from it's home base at Willowmavin and is open to visitors by appointment.

Photos attached for media use: large file photos and names available upon request

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Useful websites: www.edgarsmission.org.au

"If we could live happy and healthy lives without harming others... why wouldn't we?"